



Management And Leadership

**Building Team Excellence**

## Course Introduction

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This training course is designed to equip participants with the knowledge, skills, and strategies needed to build and sustain high-performing teams within their organizations. Through a combination of theoretical insights, practical exercises, and case studies, participants will explore various aspects of team dynamics, leadership, culture, performance, and sustainability. The course covers topics such as effective team leadership, fostering collaboration, enhancing performance, and sustaining excellence, providing participants with the tools and techniques to create resilient and adaptive teams that thrive in dynamic environments. By the end of the program, participants will be equipped to lead and support teams to achieve outstanding results and navigate challenges effectively.

## Target Audience

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This course is suitable for managers, team leaders, supervisors, project managers, and professionals responsible for leading, managing, or working within teams in diverse organizational settings, seeking to enhance team performance and build a culture of excellence.

# Learning Objectives

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At the end of this training course, participants will be able to:

- Identify the fundamental principles of team dynamics and the characteristics of effective teams.
- Develop effective team leadership skills to empower, coach, and motivate team members.
- Foster a collaborative team culture that promotes communication, diversity, and inclusivity.
- Enhance team performance through clear goal-setting, monitoring, and continuous improvement techniques.
- Learn strategies for sustaining high levels of team excellence and resilience in the face of change and challenges.

## Course Outline

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### • 01 Day One

#### Understanding Team Dynamics

- Introduction to Team Dynamics and Group Behavior
- Forming High-Performing Teams: Stages of Team Development
- Characteristics of Effective Teams
- Establishing Clear Team Goals and Expectations
- Building Trust and Psychological Safety within Teams
- Effective Communication Strategies for Team Building
- Recognizing and Leveraging Team Member Strengths

### • 02 Day Two

#### Effective Team Leadership

- Roles and Responsibilities of Team Leaders
- Leadership Styles and Approaches in Team Management
- Empowering Team Members and Encouraging Participation
- Coaching and Mentoring for Team Development
- Handling Conflict and Managing Team Dynamics
- Providing Constructive Feedback and Recognition
- Leading by Example: Setting a Positive Team Culture

## • 03 Day Three

### **Building a Collaborative Team Culture**

- Fostering Collaboration and Innovation within Teams
- Creating a Culture of Open Communication and Feedback
- Encouraging Diversity and Inclusivity within Teams
- Team Building Activities and Exercises
- Establishing Team Rituals and Traditions
- Promoting Accountability and Ownership of Team Goals
- Celebrating Team Successes and Milestones

## • 04 Day Four

### **Enhancing Team Performance**

- Setting Clear Performance Metrics and Goals
- Monitoring and Assessing Team Performance
- Identifying and Addressing Performance Gaps
- Continuous Improvement Techniques for Teams
- Strategies for Overcoming Challenges and Obstacles
- Creating a Resilient and Adaptive Team Culture
- Building a Learning Organization: Reflection and Feedback Loops

## • 05 Day Five

### **Sustaining Team Excellence**

- Strategies for Maintaining High Levels of Team Performance
- Team Resilience: Navigating Change and Adversity
- Succession Planning and Talent Development within Teams
- Creating Opportunities for Career Growth and Advancement
- Building Relationships and Networks for Team Success
- Reviewing and Reflecting on Team Achievements
- Developing a Plan for Sustaining Team Excellence

# Confirmed Sessions

| FROM           | TO             | DURATION | FEES       | LOCATION         |
|----------------|----------------|----------|------------|------------------|
| May 4, 2025    | May 8, 2025    | 5 days   | 4250.00 \$ | KSA - El Dammam  |
| Aug. 17, 2025  | Aug. 21, 2025  | 5 days   | 4250.00 \$ | UAE - Abu Dhabi  |
| Sept. 22, 2025 | Sept. 26, 2025 | 5 days   | 4950.00 \$ | England - London |
| Oct. 12, 2025  | Oct. 16, 2025  | 5 days   | 4250.00 \$ | UAE - Dubai      |
| Dec. 15, 2025  | Dec. 19, 2025  | 5 days   | 4250.00 \$ | UAE - Dubai      |