



Management And Leadership

Developing Effective Team work

Course Introduction

“Successful people understand the power of teamwork and collaboration”. Whether it is building good relationships with our stakeholders, the senior team members, winning the trust of clients or gaining the cooperation and engagement of our staff, relationships matter. Teamwork is important for the success of all businesses.

In teamwork, many people have responsibility for the same goal. Teammates observe and depend on the quality of each other's work. When one team member's performance dips, the others have the knowledge and motivation to help them improve. Without management intervention, effective teams can often regulate their own performance.

This Teamwork training program offers a high-impact learning experience that helps participants understand how effective teams operate and how individual team members contribute to the development of a high-performance team. Participants will recognize the importance of shared tasks, collective beliefs, valued behaviors and common goals which will help them to promote greater understanding, build better work relationships and create team synergy.

Target Audience

Team leaders, project managers, and department heads who are responsible for guiding teams to achieve high performance, fostering collaboration, and improving team dynamics in order to achieve organizational goals.

Learning Objectives

By the end of the training Program, participants will be able to:

- Gain a comprehensive understanding of the importance of team building and how relationship affect teams.
- Identify the roles played by individuals within teams.
- Learn and apply tips to boost trust within team members.
- Adopt a collaborative approach to the achievement of tasks.
- Demonstrate ownership for the achievement of individual and team goals.
- Identify The Five Behaviours of a Cohesive Team.
- Develop more accountable Team players.
- Interpret how to become a Team Player “As a leader”.
- Build effective relationships with your team members.

Course Outline

• 01 Day One

Teamwork: The Ultimate Power of Successful Organizations:

- Team building: Definition and Importance
- Barriers to the introduction of teamwork concept
- Benefits of teamwork
- Developing and understanding of how relationships affect teams

How to understand your team members?

- Identify your team roles.
- Identify your employees' behaviors, interests and motivations.
- Identify team conflicts.
- Identifying personal blindspots to teamwork.

• 02 Day Two

What makes a team work?

- Effective communication:
 - Components of effective interpersonal communication
 - Communication channels
 - Communication methods
- Building and Gaining Trust:
 - Five elements of Trust from ATD
 - Steps to Boost trust within team members
- Creating the Right Environment for Trust and Collaboration.
- Design and apply your conflicts control plan.

The Five Behaviours of a Cohesive Team:

- The Five Dysfunctions of a team.
- Behaviours that maintain the balance of the work team.
- Working towards the same goal.

• 03 Day Three

Becoming a Team Player:

- Roles played by individuals within teams.
- The impact of self-state on the performance of team members.
- Be reliable.
- Open Communication.
- Knowing Your Strengths and Weaknesses.

Building effective relationships:

- The power of positive attitude in your team.
- Building rapport with the team - 'The Mirroring Technique'.
- The safety transition from being a friend To Boss Position.
- How to manage Experienced employees.
- How to overcome the habits that diminish trust.
- Maximizing team happiness and productivity.
- People development and effective delegation.
- Workshop.

Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
June 16, 2025	June 18, 2025	3 days	3250.00 \$	UAE - Dubai
July 7, 2025	July 9, 2025	3 days	3250.00 \$	UAE - Dubai
Dec. 1, 2025	Dec. 3, 2025	3 days	4950.00 \$	USA - Texas