



Management And Leadership

## Leading with Authenticity

## Course Introduction

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As the Harvard Business Review declared, “Authenticity has emerged as the gold standard for leadership.” Discovering your authentic leadership style will require not only honesty but courage. Reflecting on your experiences, owning your story and understanding your values and motives will allow you to be a strong, authentic leader.

Through highly interactive group activities, self-assessment, and discussions, this workshop will give the Participants effective practical tools and techniques for Leading with Authenticity. Leading with authenticity workshop will equip participants with practical tools to discover how to create balance in their lives, build trust and empower others. Taking time to develop authentic leadership style is a valuable journey that will create lasting impact.

## Target Audience

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### **Senior Management and Executives.**

- Middle Managers.
- Team Leaders and Supervisors.
- New Managers and Supervisors.
- Experienced Managers and Supervisors.
- High-Potential Employees.

## Learning Objectives

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**By the end of this training course, participants will be able to:**

- Identify and discuss the perception of leadership
- Recognize what is authentic leadership
- Visualize the leading with the authenticity development process

- Generate value centered leadership
- Find out how to develop a team to support your value-oriented leadership
- Explore strategies to influence, inspire & motivate people around you
- Appreciate psychosocial model for decision making
- Use the Thomas-Kilmann conflict mode instrument
- Identify and manage dysfunctional, counter-productive team behaviour
- Deploy methods to overcome mental blocks, obtain the benefits of brainstorming
- Evaluate how emotional intelligent affect authentic leadership style

## Course Outline

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### • 01 Day One

#### **Leadership in a Dynamic, Global Environment**

- Perceptions of Leadership
- What is true leadership, lessons from the past masters
- Modern leadership
- Human behavior, predictable outcomes

#### **Authentic Leadership**

- What Is authentic leadership
- Historical & Modern Context
- The Criticism of Authentic leadership
- The Importance of Authentic Leadership

### • 02 Day Two

#### **Developing Authentic Leadership**

- Authenticity Inventory Assessment

#### **Self-awareness: Self-Discovery**

- The real 'me' versus the ideal 'me'
- Understanding your inner spiritual dynamic

- Understand how you Think

### **Self-Reflection**

- How Perception influences our leadership style
- Personality and leadership style
- The Character of a Leader

### **Self-Development**

- Improving our strengths & managing our weaknesses
- Real Leaders are emotionally intelligent
- Removing emotional and mental blind spots

### **Self Awareness – Action Plan**

#### **• 03 Day Three**

#### **Value-Centered Leadership**

- What are Core Values
- Having a strong foundation of values
- How to channel Values & Passion into own leadership.
- The difficult challenges faced in life.
- Examples of Great Leaders with Virtuous Values

#### **Find and Develop Your Support Team**

- Recipe for Successful Teams
- From Involvement to Empowerment
- Types of Effective Teams
- Stages of Team Growth
- Understanding Roles and Responsibilities of a Team
- Team Development – Action Plan

#### **• 04 Day Four**

## Lead, Inspire and Empower Those Around You

- Enablers to lead with values
- Balancing Act: Extrinsic and Intrinsic Motivations
- Explore how to bring balance between the two.
- Managing your body and mind effectively
- Knowing the people influence factor
- Motivation & Empowerment – Action Plan

### • 05 Day Five

## Decision Making & Conflict Resolution in Value-Oriented Leadership

- Psychosocial Model for decision making
- Using the Thomas-Kilmann conflict mode instrument
- Managing dysfunctional, counter-productive team behavior
- Methods to overcome mental blocks, Obtain the benefits of brainstorming
- Decision Making Action Plan

## A Take Home Action Plan

- I'll Stop ...
- I'll continue ...
- I'll Strat ...

## Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
May 26, 2025	May 30, 2025	5 days	5950.00 \$	USA - Texas
Sept. 22, 2025	Sept. 26, 2025	5 days	4250.00 \$	UAE - Dubai
Dec. 15, 2025	Dec. 19, 2025	5 days	4250.00 \$	UAE - Abu Dhabi

