



HR Strategy and Training

# Effective Workplace Health and Wellness Programs

## Course Introduction

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## Target Audience

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## Learning Objectives

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## Course Outline

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# Confirmed Sessions

| FROM           | TO             | DURATION | FEEs       | LOCATION             |
|----------------|----------------|----------|------------|----------------------|
| April 20, 2025 | April 24, 2025 | 5 days   | 4250.00 \$ | Bahrain - Manama     |
| April 28, 2025 | May 2, 2025    | 5 days   | 4950.00 \$ | England - London     |
| July 28, 2025  | Aug. 1, 2025   | 5 days   | 5950.00 \$ | USA - Los Angeles    |
| Nov. 9, 2025   | Nov. 13, 2025  | 5 days   | 4250.00 \$ | Morocco - Casablanca |