



Information Technology

Disaster Recovery Planning Certification

Course Introduction

This 4-day BOOST training Program is designed to provide participants with an interactive exploration of both business continuity management and IT disaster recovery planning; from risk assessment through to post incident activities.

Target Audience

- 1. IT Disaster Recovery Manager
- 2. Business Continuity Manager
- 3. IT Manager
- 4. Cybersecurity Analyst
- 5. Risk and Compliance Manager
- 6. Chief Information Officer (CIO)
- 7. IT Infrastructure Engineer
- 8. Systems Administrator
- 9. Network Security Engineer
- 10. Cloud Architect

Learning Objectives

- Conduct business impact analysis to identify business value and priorities.
- Produce, review and test an effective business continuity plan.
- Identify the latest disaster recovery technologies.
- Create a structured progress in all the stages of the business continuity management life cycle with realistic scenario-based group exercises.
- Gain an understanding on how to effectively coordinate risk responses to incidents.

• Develop the business case for IT recovery and make an action-oriented disaster recovery plan for the respective organization.

Course Outline

• Day 01

Business Continuity Basics:

- What is business continuity management (BCM)?
- BCM seems to include many different terms, some of which appear to be very similar. How are they similar or different?
- Is there a best practice approach to business continuity planning (BCP)?
- What BCM elements are included in ITIL specifically, IT service continuity management?
- What is the relationship between business continuity and enterprise risk management (ERM)?

Overview of the Regulations and Standards Landscape

- How should regulations and standards shape the development of a BCM program?
- $^{\circ}$ What are ISO 22031 and ISO 22313?
- \circ What BCM standards exist in COBIT standard?
- \circ Are these the only BCM mandates an organization should consider?

Executive Management Support and Sponsorship

- $^{\circ}$ Who is the right person in the organization to own the BCM process?
- How can executive management be "sold" on business continuity?
- What is the value to an organization in designing and deploying BCM programs?
- What are the critical elements of a business continuity policy?
- How should an internal business continuity function/planning team be structured?

Risk Assessment and Business Impact Analysis (BIA)

- What are the most common approaches to executing a risk assessment?
- \circ What are the most common approaches to executing a BIA?
- Should key vendors be included in BIA?
- \circ What is a recovery time objective (RTO)?
- What is a recovery point objective (RPO)?
- Are questionnaires necessary when planning for business continuity?
- Are there ways around completing a formal BIA and risk assessment?
- Day 02

Business Continuity Strategy Design

- What are the key considerations when developing recovery strategies?
- How far apart should primary and alternate sites be?
- What are the key considerations for pursing an internal versus a thirdparty recovery solution?
- What is a "mobile recovery center"?
- What is an emergency operations center (EOC)?
- What are the differences among cold, warm and hot sites?
- What are key recovery considerations when negotiating a contract for a hosted solution or disaster recovery support (e.g., hot site contract)?
- How is advancement in technology changing disaster recovery planning considerations?

Plan Development and Strategy Implementation

- Is software necessary to develop a BCP?
- What is the difference between crisis management and crisis communications?
- What is a call tree?
- Is there a way to make the plan more efficient and effective?

Developing appropriate responses

- Matching the response to the risk.
- Taking preventive action.
- Ensuring appropriate contingencies are in place.

Responding to Incidents

- Creating the incident response plan.
- Capturing the planning output.
- Creating incident response team charters.
- Defining roles and responsibilities.
- Responding to incident scenarios.
- Information directories and equipment inventories.

- Setting up the command center.
- Planning and conducting communications.
- Connecting with emergency services.
- Team actions following an incident.

• Day 02

Designing Contingency Arrangements

- Establishing a standby site.
- Site choices: configuration and acquisition.
- Choosing suppliers: in-house vs. third-party.
- Specifying equipment.

Selecting backup and restore strategies

- Matching strategy to operational constraints.
- Meeting the organization's storage requirements for vital records.

Restoring communications and recovering users

- Determining vital users with the BIA.
- Rerouting voice, mail, goods delivery.
- Eliminating single points of failure.
- Connecting end users.
- Meeting varied user-recovery needs.

Training and Awareness

- Are training and awareness the same?
- \circ What are some successful business continuity training approaches?
- What are the available certification options?
- What are the available BCM education options?

• Day 05

Testing Maintenance

- What are the prevailing practices regarding the storage of BCP documentation?
- How often should business continuity-related documentation be updated and how should the organization keep the plans current?
- Testing plans with a step-by-step process.
- Developing test scenarios and using test results effectively.
- Considering the impact of testing on the organization.
- How often should the BCP be tested?
- What are the available testing options?
- Should the organization expand testing beyond IT?

Compliance Monitoring and Auditing

- How do organizations mature their business continuity programs?
- How often should the business continuity program be audited?
- \circ What is the optimal role for internal audit in the BCM process?
- How does an organization review key vendor planning for business continuity compliance with industry best practices?

Maintaining and improving the BCMS

• Applying change control: why and how.

- Ensuring normal developments are accounted for.
- Leveraging test results to improve organizational practices.
- Managing organizational change.

Confirmed Sessions

FROM	то	DURATION	FEES	LOCATION
Dec. 15, 2025	Dec. 19, 2025	5 days	4250.00 \$	UAE - Dubai

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