Management And Leadership

Team Lead Excellence: Skills for Peak Performance

Course Introduction

Team leaders play a pivotal role in driving organizational success. Equipped with the skills to peak their own performance and that of their teams, they serve as the linchpin for productivity, innovation, and employee engagement. Effective team leaders not only inspire and motivate their team members but also foster a culture of collaboration, accountability, and continuous improvement, ensuring that goals are met and challenges are overcome with efficiency and excellence.

Empowering Team leaders

This comprehensive training program focuses on empowering team leaders with the essential skills and knowledge to excel in their roles. Participants will delve into key areas such as leadership fundamentals, communication and interpersonal skills, conflict resolution, motivation and team engagement, performance management, and continuous improvement. Through interactive workshops, case studies, and practical exercises, participants will gain practical insights and strategies to enhance their leadership capabilities, foster high-performing teams, and drive organizational success in today's competitive landscape.

Target Audience

This training program is designed for current and aspiring team leaders across industries seeking to elevate their leadership skills and maximize team performance.

Learning Objectives

By the end of this training course, participants will be able to:

- Gain a deep understanding of effective leadership principles to identify their leadership style, strengths, and areas for growth.
- Develop essential communication and interpersonal skills, including active listening, assertiveness, and conflict resolution techniques, to foster open, honest, and productive team interactions.
- Learn and apply strategies for motivating and engaging teams, including recognizing and rewarding performance, building team cohesion, and empowering team members to achieve their full potential.
- Enhance problem-solving and decision-making abilities among team leaders in order to navigate challenges, implement effective solutions, and drive continuous improvement within their teams.
- Foster a culture of accountability, responsibility, and high performance with the tools and techniques to set clear goals, provide constructive feedback, and lead by example, ultimately enhancing team effectiveness and achieving peak performance.

Course Outline

- **01 Day One**

  Foundations of an Effective Team Leader

  - Introduction to Effective Leadership Principles
  - Understanding Your Leadership Style and Strengths
  - Building Trust and Credibility as a Leader
  - Establishing Clear Vision and Goals for Your Team
  - Leading by Example: Setting the Tone for Performance
  - Creating a Culture of Accountability and Responsibility
- **02 Day Two**

  Communication and Interpersonal Skills

- Effective Communication Strategies for Leaders
- Active Listening and Empathetic Communication
- Nonverbal Communication and Body Language
- Assertiveness and Confidence in Communication
- Communicating Across Cultures and Diverse Teams
- Handling Difficult Conversations and Conflict with Diplomacy

• **03 Day Three**

Conflict Resolution and Problem Solving

- Understanding Conflict Dynamics in Teams
- Strategies for Constructive Conflict Resolution
- Negotiation Techniques for Win-Win Solutions
- Problem-Solving Models and Approaches
- Decision-Making Strategies for Leaders
- Fostering Creativity and Innovation in Problem Solving

• **04 Day Four**

Motivation and Team Engagement

- The Psychology of Motivation and Employee Engagement
- Techniques for Inspiring and Motivating Teams
- Recognizing and Rewarding Performance
- Building Strong Team Cohesion and Morale
- Empowering and Delegating Effectively
- Overcoming Common Motivation Challenges in Teams

• **05 Day Five**

Performance Management and Continuous Improvement

- Setting SMART Goals and Performance Metrics
- Providing Effective Feedback and Coaching
- Performance Appraisal Techniques for Leaders
- Developing Talent and Succession Planning
- Implementing Continuous Improvement Initiatives
- Leading Change and Adaptation in the Workplace

Confirmed Sessions

FROM	TO	DURATION	FEES	LOCATION
April 7, 2025	April 11, 2025	5 days	4250.00 $	UAE - Dubai
June 23, 2025	June 27, 2025	5 days	4950.00 $	England - London
July 7, 2025	July 11, 2025	5 days	4250.00 $	UAE - Dubai
July 28, 2025	Aug. 1, 2025	5 days	4950.00 $	England - London
Sept. 14, 2025	Sept. 18, 2025	5 days	4250.00 $	Qatar - El Doha
Nov. 3, 2025	Nov. 7, 2025	5 days	4250.00 $	UAE - Dubai